

Hello, Sid Roth here, welcome to my world where it's naturally supernatural. My guest has been practicing, soaking in the presence of God for 25 years. She has seen multitudes healed and begin to hear God's voice clearly and have visions and fresh encounters with God's love. She says it's so simple and available for everyone. Interested?

*Is there a supernatural dimension, a world beyond the one we know? Is there life after death? Can our dreams contain messages from heaven? Are there hidden forces of darkness trying to block God's blessings for your life? Do angels exist providing us with supernatural protection disarming our enemies? Is God ready to bring a tsunami wave of healing onto planet earth today? Sid Roth has spent over 40 years researching the strange world of the supernatural. Join Sid for this edition of **It's Supernatural!***

SID: Hello I'm here with Carol Arnott and many of you are familiar with Carol and her husband John and they were the leaders of what has been known as the Toronto Airport Outpouring, an unbelievable, something like four and a half million people came from all over the world because the presence of God was there. And Carol has just written a brand new book on soaking. And many of you know what soaking is, but many of you don't even know what that is, and would you briefly describe what is soaking?

CAROL: Sid, it is positioning yourself before the Lord. It's saying, "Lord, here I am. I've come to love you." No prayer agendas, no intercession, all that's good but it's time to be focused on him and it opens your heart to intimacy, it opens your heart to being transformed, to be healed, to be radically in love and to be empowered as well because you see you can't give away what you don't already have.

SID: And when I think of soaking I think of laying down on the floor or sitting in a comfortable chair playing some very relaxing music and being still before the Lord. Now when you started this soaking no one had taught you this, you had no paradigm for it. How did you start?

CAROL: Well, I started because I couldn't stand in the presence of the Lord. I would be on the floor. And so, I was just there and I would be loving him and his presence would be there and the more I loved him the more his presence would come. And then he would begin to say, "I love you, my daughter. You are so precious to me." And then I'd say, "Do you really love me?" And then he'd say, "Yes, I really love you." It's hard for us to believe because we know what we're like, right?

SID: Well, and God knows even better than we know.

CAROL: I know. I know. But it's really opening our hearts to believe that he really, really, really loves us and that we really are his son and really are his daughter. And he absolutely, his whole thing is he wants to spend time with us. You see that's the most valuable thing that we own. He spoke to me, and he said, "Carol, sell me the most valuable thing that you own." And I said, "Lord, I don't know what that is. What are you talking about? Do you want my house? I have to ask John. The only thing I own that's valuable is my horse. Do you want me to sell my horse?" And he said, "No, I want you to sell me your most valuable thing." I said, Lord, "I don't

know what that is." And he said, "Carol the most valuable thing that you own is your time. Sell me your time and buy the pearl of great price."

CAROL: And that began, Sid, my time spent with the Lord just loving him, just worshipping him. Sometimes it would be just his presence would come and he would tell me the desires of his heart to me and it was getting to know him just much like a young couple in love, they talk for hours. John and I talked for hours on the phone and my mom and his mom would say, "What on earth are you talking about? You just talked to him last night for two hours." And I said, "I don't know what we talked about but I just love him." And so, you want to take time to get to know somebody. Well, it's the same with God. He's a God of love, he's a God of relationship, and he wants us to become relational with him on an emotional level and on a heart level

SID: Well for 25 years you've taught this, you've seen the fruit of this. I mean I have had people in my chair that their lives were transformed from soaking at the Toronto Airport Church but the good news is you don't have to go anywhere to soak before God. So tell me, what is that plate of water and that sponge and that towel there for? You're scaring me.

CAROL: The towel is to dry my hands, but.

SID: You're not going to, no?

CAROL: No, but you see this is what most of you looked like a few minutes ago. I saw you on TV looking at our studio audience and you're hard, you're tough, you've got hurts, and you've got pain and you're busy in your life. But we want to see what happens because we want to pray anointing over this water and we want to put Mr. Sponge in there and see what's soaking in God's presence will do. So Lord, we anoint this water. Don't we Sid?

SID: We do.

CAROL: And we put Mr. Sponge in and we'll check on him in a little while to see how he's doing, whether he's still as hard as he was.

SID: Now you say it's imperative to make time for God to heal our broken heart but most believers say, "God's already taken care of it." I had a staff member, a producer with our ministry who read your material, has been soaking for decades, but he followed the instructions you taught which are, you've learned in 25 years of teaching thousands how to do this, did it. And he said it amazed me but it also amazed him. He had a healing in his heart, literally started weeping before the Lord. How could it be after all those years as a mature spirit? They'll believe it. How could it be?

CAROL: It's amazing because the hurts and pains that we've had growing up are like layers and it's just been layer upon layer upon layer. But as we still ourselves, our God knows what the hurts and pains are. And so, if we're still before him he might just put his finger on that like he did with your staff member and that was a real deep wound in his heart that effected his whole life.

SID: How important is it for us to get our hearts mended before we enter into this great move of God's spirit?

CAROL: Well Sid, I believe that the next move is a move of holiness now not based out of good behavior but based on our hearts. In Mark it says because out of the heart are the issues of life. All the lewdness and bad everything comes out of our heart. And so, God wants to open up those areas that have been locked up and free us because you see when he pours out his spirit like we're expecting him to do, we want to be pure.

SID: But what if our heart has these old wounds that are covered, covered, covered, covered over?

CAROL: You see that's what soaking does. It opens you up to intimacy, it opens you up to God to hear his voice that still small voice and then he'll tell you, "Carol you've got this problem in your heart, will you let me heal it?" And so then you work through whatever it is just like your staff member did and God's just set him free and but whatever time he took to soak it wasn't long.

SID: Boy, the presence of God is, I just have to interrupt you and tell you because I have a word from our sponsor God. God said that people's wrists are being healed right now, carpal tunnel is being healed right now. Anything you need in the wrist area and now I'm hearing it's spreading to the hand. Anything you need in the hands, arthritic fingers, anything you need just take it right now. And when we come back I want to find out because I've been watching Mr. Sponge and I want to find out what happened to Mr. Sponge and when we return I'm going to ask Carol to tell you about one of the first times she saw radical stage four cancer healed through soaking. Be right back.

*We'll be right back to **It's Supernatural.***

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*We now return to **It's Supernatural.***

SID: All right, so Carol there's a first time for everything, now you understand soaking and the first time that you taught on healing and soaking tell me about one of the first people that had stage four cancer that was healed.

CAROL: Well, I did the teaching on it and then as I usually do I had them lie down on the floor or get comfortable and now I didn't know this lady was in there. My granddaughter had let her in to the conference and she ended up in my workshop. And so I said, "Lie on the floor, we're going to lie here for 15 minutes and then take testimonies. So if you need a healing in your body this is the time." And I was reading scriptures over them and they were soaking, and they were soaking, yeah.

CAROL: And so then at the end I said, "Is there any testimonies?" And she said, "Me. Me." And she was so excited. So I said, "Honey, what happened to you?" She said, "Well, I really hated you when you told me to lie down." She said, "Because I have had stage four cancer and I have a huge tumor in my stomach and it's really painful just to sit much less lie down. And I was thinking what does this woman thinks she's doing, I can't lie on the floor." And so I guess I must've said, "If you really want a healing then you need to position yourself so lie down or really get comfortable in a chair but you want to focus on Jesus, turn your eyes on Jesus." And so she said, "I got down in the floor and I was in excruciating pain." She said, "For probably about 12 minutes of the 15 minutes. And then all of a sudden," she said, "The pain left." She said, "I had no pain." And then she said, "Not only that," she said, "I put my hand on my stomach," and she said, "I was like I was nine months pregnant with this tumor," and she said, "My stomach was flat."

Hallelujah.

SID: So needless to say you began teaching, healing and soaking after that. What about that man I read about that heard one phrase over and over and that's all he heard for months. What did he hear?

CAROL: "I love you my son." And he came to me and he said, "I have been soaking, I've done everything you said and all I hear is, I love you my son. Doesn't God have a bigger vocabulary than I love you my son." And he was quite angry. like really he was upset. And so I said, "Well, let's just lie down, let's position ourselves and ask the Lord what he's trying to communicate to you that you're not getting." So, I laid down with them on the floor and we were in a meeting and so I'm praying for him, soaking.

"Heavenly father speak to this man let him hear your voice."

CAROL: And all of the sudden I see big tears streaming down his face. And I said, "Sir what's God saying to you is God?" And he said, "The Lord just spoke to me and said that I will keep saying I love you my son until you let it go into your heart." And he said, "It just went right into my heart." And he said, "I know now that God really loves me and that I am his son." Powerful, powerful transformation in the man.

SID: What happened to Mr. Sponge?

CAROL: Okay so he's been soaking for quite a while, right? All right. So let's see. He's soft.

SID: Now you protect Mr. Sponge's water from this nice table.

CAROL: I'll try. All right, let's see, has Mr. Sponge's face changed? See what happens? See what happens?

SID: Yeah, hold it up.

CAROL: See he's really soaking wet with the anointing and he looks super happy doesn't he?

SID: Yeah, you told me that when people soak they need less counseling.

CAROL: They do this Sid, they do. We were going to shut our counseling department down because ... No seriously because they would fall out under the power and they would be out for an hour and we would see them laughing and then we'd see them in tears and then that would settle down and then we'd hear them laughing again. So we'd asked them, "What happened?" And they said, "God would take us to a real deep wound in our hearts and then heal us and tell us." And then it just became funny because we thought it was such a big deal and it was so easy for God to heal. And so, one after the other after the other, of all these hurts, God just healed supernaturally.

SID: Tell me briefly the story of Chloe.

CAROL: This beautiful girl and her husband, she was about 25 when she first showed up. We didn't know her and John and I were doing [the] importance of forgiveness and bitterroot judgments at this conference on The Father Loves You. And so, her husband really didn't believe in charismatic things but he'd heard about it and he knew that his wife had really deep father wounds. So he brought her against her will but anyway brought her. So they're sitting in the very back row and John does the altar call if anybody needs to forgive. And he went through a list for people, come on up to the front. And then I was going to go on about bitterroot judgments. And so, he's leading them through prayer and I hear this wailing going on and I thought, "Oh my gosh, what is going on?" And so I thought, "I'm going to go down and see what's going on down there."

CAROL: And I found this beautiful young girl crying, crying, crying. So I went over to her and I said, "Honey, what's God doing?" She said, "I hate my father because of this, and this, and this, and this."

Always put me down.

CAROL: So we prayed through and forgave him and she ended up falling down under the power and I stayed with her probably for about maybe 15, 20 minutes but she got hot. All of a sudden she said, "I'm boiling hot, I'm boiling hot. What's wrong?" And I said, "I think God's healing you. Do you need a physical healing?" And she said, "Oh boy, do I need a physical healing." She said, "My husband carries me upstairs. I can't walk upstairs, I come down on my bottom, I have childhood arthritis, I have 10 seizures a day, I'm on a heavy, heavy epileptic seizure medication, I'm lactose intolerant, I have cystic ovaries." I mean, the girl was in, you know.

CAROL: And so, the heat just kept coming on her and finally it lifted a bit. I said, "Can you stand up? Can you do something you couldn't do before? Can we tell if God is healing you?" And she said, "Well, I can't walk upstairs." So she goes, "I'll try one or two of the stairs." And we were in this auditorium with a very high platform and it was a theater type building so the platform is really high. And so she walked. I said, "Walk up a couple of the stairs." Well, before I knew it Sid, she was just like, she was at the top of the stairs and there had to be 10 or 15 stairs

it was phenomenal. And her husband is standing at the back of the church saying, "That's my wife, she can't do this. She physically can't do this."

SID: Real quick because of time hold your hands up to that camera and release what you have freely received to the people, release the glory of God.

CAROL: Oh, Jesus. I so thank you for the power of intimacy Lord and I release to you today Lord an anointing to come into his presence, to soak in his love and to receive all that he has for you so that his glory of the fire and the purity of God will just flood through your being that you will never be the same again. And your love will be so precious and his love to you will even be more dear and wonderful and real. And I ask that in the mighty name of Jesus.

SID: Let it be done in Yeshua's name.

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SID: Next week on *It's Supernatural!*

Linda Markowitz: Hello, I'm Linda Markowitz. Do you pray in tongues but have little or no understanding of what's actually happening when you use this amazing gift? It's truly a limitless resource. God called it my power tools. So join me on the next *It's Supernatural* with Sid Roth and learn to fire up your power tools, don't miss it.

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